

9:00 - 10:30 Arrivals & Registration; Morning Tea, Sponsor Activations & Networking; Welcome to Country

WOODLANDS STAGE		FRESH LOUNGE	TRAINING SUITES
10:30 - 10:40	GROUP A Welcome to The Fresh Life	GROUP B Welcome to The Fresh Life	GROUP B
10:40 - 11:25	GROUP A Rethinking Lip and Perioral Anatomy: A Fresh Perspective on Assessment and Aesthetic Concepts Dr Phoebe Jones, Galderma	GROUP B Becoming Unf#kwithable – Embracing Change, Choice, and Courage Andrea Culligan & Franziska Iseli, Fresh Clinics	GROUP B Training Sessions Allergan, Evolus, Galderma, Merz
11:25 - 12:10	GROUP A Intradermal Botulinum Toxin for the Reduction of Sebum Production and Pore Size Dr Stephen Lowe, Merz Glow Up with Revive: Revitalise Skin Quality & Elevate Your Practice Freya Carlsen, Merz 🇺🇸	GROUP B Patient Satisfaction and Profit Mike Clague, Fresh Clinics	GROUP B Training Sessions Allergan, Evolus, Galderma, Merz
12:10 - 12:55	GROUP A Beyond the Label: Integrating Biostimulants, Hyaluronic Acids, and PRP for Total Facial Rejuvenation Ryan Bourgeois, Fresh Clinics	GROUP B Thriving in the Evolving Aesthetics Market: Lessons from David Segal's Journey David Segal – Inside Aesthetics, Fresh Clinics	GROUP B Training Sessions Allergan, Evolus, Galderma, Merz
13:00 - 14:00 Lunch, Sponsor Activations & Networking			
14:00 - 14:25	Individuality Around the World: Global Insights into Trends, Techniques and Drivers for Treatment Dr Felix Li, Allergan Aesthetics 🇨🇦		Training & Treatment Sessions
14:30 - 14:55	Experience Nuceiva® (prabotulinumtoxinA): From Launch to Results Across the UK, USA and Australia Anita East, Brooke Carrero, Sharon Bennett, Evolus 🇺🇸 🇬🇧		Training & Treatment Sessions
15:00 - 15:25	From Trends to Transformation: STYLAGE Lips Plus Dr Lucas De Siqueria, EnVogue	Addressing Symptoms, Skin Health, and Beyond for the Perimenopausal and Menopausal Patient Chiza Westcarr, Glow Skin and Nutrition	Training & Treatment Sessions
15:30 - 15:55 Afternoon Tea, Sponsor Activations & Networking			
16:00 - 16:25	Ultherapy and Beyond: Maximising Aesthetic Outcomes Through Combined Modalities Dr Frank Lin, Merz		Training & Treatment Sessions
16:30 - 16:55	Beyond the Lip: Redefining Lower Face Beautification Dr Jane Lucas, Teoxane	Part 1: Hyaluronidase Science and Use in Aesthetics Part 2: Insights from 2021-2024 Adverse Event Data & Case Management of Complex intra-oral VOs Bronwyn Granata and Elena Currie, AMET	Training & Treatment Sessions
17:00 - 17:25	Mastering REJURAN DOT™ PN: Innovative Applications for Enhanced Skin Quality Dr Jing Wang, Rejuran	Building a Skincare Revenue Stream: Key Strategies for Aesthetic Clinics Dr Kristy Kostalas (The Skincare Company), Mala McAlpin, Rochelle Akhavan (AST) Skin Panel Facilitated by Steph Yalda	Training & Treatment Sessions
17:30 - 18:30 Fresh Life Welcome Event Brought to you by Galderma			

DAY 2 Wednesday 30 October 2024

The Fresh Life Program
29 - 31 October 2024 | The Crystalbrook, Byron

WELLNESS DECK			
7:45 - 8:30	Yoga to Start Your Day		
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11:30 - 11:55 Morning Tea, Sponsor Activations & Networking			
12:00 - 12:25	The Art Of Regeneration Wayne Griffiths and Louise Farrar, Cryomed	Maximising Profit and Improving Patient Outcomes with Energy-Based Devices Jodie Fisher, Candela	Training & Treatment Sessions
12:30 - 12:55	Elevate Your Business: The Truth Behind Hugel's Product Portfolio Casey Wolfenden & Jimmy Wang, Hugel		Training & Treatment Sessions
13:00 - 13:25	Rethinking Toxins: Why Immunogenicity Matters for Lasting Results Freya Carlsen, Merz 🇺🇸	How to Implement Ultrasound to Your Practice Successfully Stuart Turner & Lisa Hackett, Ultrana Medical	Training & Treatment Sessions
13:25 - 14:25 Lunch, Sponsor Activations & Networking			
14:30 - 14:55	How to Manage Patient's Expectations and Achieve Ultimate Long Term Results using Proffhilo Dr Scott Horsburgh, Dermocosmetica		Training & Treatment Sessions
15:00 - 15:25	Less is more - Personalising HA Treatments for Natural Results While Maintaining Revenue (e.p.t.q.) Benjamin Schreenan, Xytide		Training & Treatment Sessions
15:30 - 15:55	RelabotulinumtoxinA - A Revolutionary Liquid Toxin Mike Clague, Galderma	Key Steps to Successfully Introducing Energy Devices into Your Aesthetic Clinic Jamal Ammar (Cryomed), Jodie Fisher (Candela), Maxine Figueira (Alma Lasers), Sara Lavis (Venus Concept), Laser Panel, Facilitated by Steph Yalda	Training & Treatment Sessions
16:00 - 16:25 Afternoon Tea, Sponsor Activations & Networking			
16:30 - 16:55	Do We Really Need So Many Toxins? A Guide to Choosing Yours Dr David Eccleston, Fresh Clinics 🇺🇸		Training & Treatment Sessions
17:00 - 17:25			Training & Treatment Sessions
17:30 - 18:30	Aperitivo Hour Brought to you By Fresh Clinics Training Team		
19:00	Evolus Invite Only Dinner at Elements		

DAY 3 Thursday 31 October 2024

The Fresh Life Program
29 - 31 October 2024 | The Crystalbrook, Byron

7:00 - 7:45	Yoga to Start Your Day		
8:00 - 8:45	Yoga to Start Your Day	Allergan Aesthetics Invite Only Breakfast Revolutionise Skin Quality with Dr Scott Allison & Dr Felix Li	
WELLNESS DECK		FRESH LOUNGE	TRAINING SUITES
9:00 - 9:25	Elevate Your Essence Meditation Led By Courtney Rodgers		Training Sessions
9:30 - 9:55		Real Talk with Industry Leaders: An Unfiltered Interview with Amy and Emilee Hembrow Amy and Emilee Hembrow, SSKIN, In conversation with Douaa Al Hamad	Training Sessions
10:00 - 10:25	Elevate Your Essence Breathwork Led By Courtney Rodgers	Creating a Signature for your Clinic: A Unique, Multimodal Approach for Clinical and Commercial Success Rochelle Akhavan, Advanced Skin Technology	Training Sessions
10:30 - 10:55			Training Sessions
11:00 - 11:25	Morning Tea, Sponsor Activations & Networking		
11:30 - 11:55	Elevate Your Essence Meditation Led By Courtney Rodgers	Building the Best: Learnings from Building an Aesthetic Empire Babak Moini, Laser Clinics Co-Founder, In conversation with The Johns	Training & Treatment Sessions
12:00 - 12:25		Your Path to Success: Join the Next Growth Accelerator Cohort Panel led by Suzie Hoitink, Rob Price, and Growth Accelerator Cohort	Training & Treatment Sessions
12:30 - 12:55	Amplify Your Impact Meditation Led By Courtney Rodgers	The Future of Fresh: What's Coming Next Fresh Product Team, Fresh Clinics	Training & Treatment Sessions
13:00 - 13:25		Personalising Care: Embracing Cultural Diversity in Cosmetic Treatments Agnes Dube, Chiza Westcarr, Dr Stephen Lowe, Diversity Panel Facilitated by Douaa Al Hamad	Training & Treatment Sessions
13:25 - 14:25	Lunch, Sponsor Activations & Networking		
13:45 - 14:40	Merz Invite Only Lunch Defying the Dose: The Emerging Challenge of Botulinum Toxin Resistance in Aesthetics with Dr Kristy Kostalas		
14:30 - 14:55	Amplify Your Impact Meditation Led By Courtney Rodgers		Training & Treatment Sessions
15:00 - 15:25		Ask the Expert with Dr Felix Li Dr Felix, Allergan, Q&A	Training & Treatment Sessions
15:30 - 15:55	Elevate Your Essence Breathwork Led By Courtney Rodgers	The Future of the Industry The Johns, Fresh Clinics	Training & Treatment Sessions
15:55 - 16:25	Afternoon Tea, Sponsor Activations & Networking		
18:00 - 22:30	Fright Night Finale 🎃 Brought to you by Fresh Clinics		