It’s time to Thrive!

The Fresh Life Program

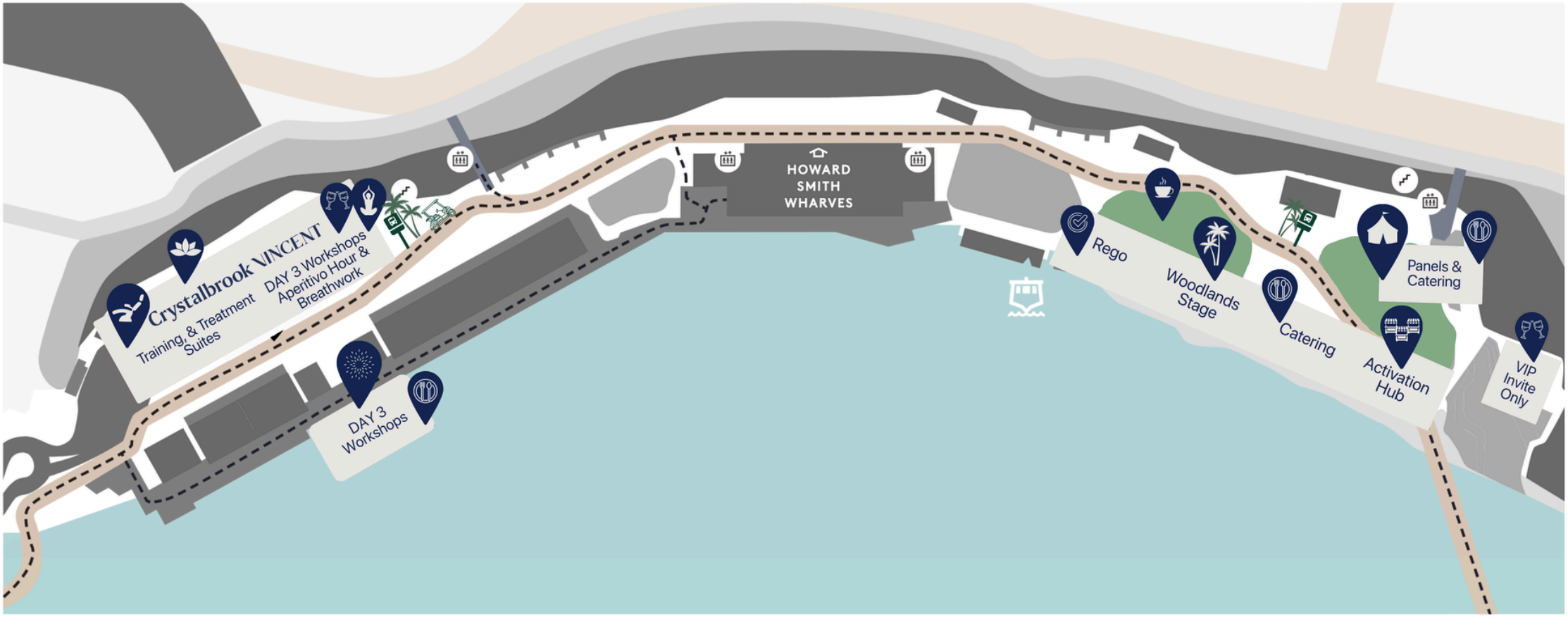
2 - 4 September 2025 | Brisbane

The Fresh Life

freshclinics

The Fresh Life

CONFERENCE MAP



The Fresh Life

by freshclinics

Training | Woodlands Stage | Fresh House | The Fresh Lounge | Activation Hub | Fresh Spa | Coffee Cart | Wellness | Catering | Rego | Aperitivo & Invite Only

Thank you to our Fresh Life 2025 Sponsors

GALDERMA EST. 1981 · HUGEL · MERZ AESTHETICS

Allergan Aesthetics an AbbVie company · evolus

REJURAN by Hebridge Medical

CUTERA · Lilly A Medicine Company · laseraid · novo nordisk · VENUS

Cryomed aesthetics · Murad · Raan Medical · The Skincare Company · freshhealth

AMET · dermalogica · pendula · +R Tissue Repair · VIDA GLOW

SPA+CLINIC

Brought to you by freshclinics

Event Program

DAY 1

The Fresh Life

freshclinics

6:45 - 7:30	Fresh Run Club	
9:00 - 10:30	Arrivals & Registration Morning Tea, Sponsor Activations & Networking Welcome from The Johns	
KEYNOTES	**WOODLANDS STAGE** Howard Smith Wharves	**TRAINING SUITES** Crystalbrook Vincent
10:30 - 11:15	**The Mindful High Performer** Chelsea Pottenger, Brought to you by Fresh Clinics	Closed
11:20 - 12:05	**Relfydess in Real Life: Real Life Results 6 Months from Launch and Restylane in Real Life** Dr Dan Kennedy, Brought to you by Galderma	Closed
12:10 - 12:55	**Beyond Rheology; Understanding Croma's G Prime for Structural Precision** Dr Konstantin Frank, Brought to you by Hugel	Closed
LUNCH		
13:00 - 14:00	**Lunch, Sponsor Activations & Networking**	
13:00 - 14:00	**Sponsor Invite Only Lunch in Bougainvillea - Evolus** Be Fearless: The Showcase, with Agnes Dube, Jamal Ammar, Sharna Hill, Elly Seymour	
BREAKOUTS / TRAINING	**WOODLANDS STAGE** Howard Smith Wharves	**TRAINING SUITES** Crystalbrook Vincent
14:00 - 14:25	**Precision Matters: Optimising Toxin in the Forehead** Dr Kim Booysen, Brought to you by Merz	Open
14:30 - 14:55	**Mounjaro – Your Questions Answered** Dr Anita Sharma, Brought to you by Eli Lilly	Open
15:00 - 15:25	**Beyond Rheology; Results-Driven Practice: Marrying Innovation with Outcomes for Business Success** Kelly George, Brought to you by Cutera	Open



AFTERNOON TEA		
15:30 - 15:55	**Afternoon Tea, Sponsor Activations & Networking**	

BREAKOUTS / TRAINING	WOODLANDS STAGE Howard Smith Wharves	TRAINING SUITES Crystalbrook Vincent
16:00 - 16:25	**From Guests to Clients: The Art of VIP Care** Samantha Cox, Brought to you by Fresh Clinics	Open
16:30 -16:55	**The Unfiltered Filler Look – What Patients Are Really Chasing** Alex Pike, Brought to you by Allergan Aesthetics	Open
17:00 - 17:25	**Power Pairing: PRP + Radiesse for Next-Level Skin Rejuvenation** Wayne Griffiths & Helen Planting, Brought to you by Fresh Clinics	Open

NETWORKING EVENTS	
17:30 - 18:45	**The Fresh Life Welcome Event @ The River Deck** Brought to you by Evolus
19:00 - 21:30	**Invite Only Dinner in Bougainvillea - Fresh Health** Why women need better care and how nurse-led clinics deliver



Event Program

DAY 2

The Fresh Life

freshclinics

7:30 - 8:15	Breathwork - Rivershed Deck

NETWORKING EVENTS

7:45 - 8:15	**Sponsor Invite Only Breakfast in Bougainvillea - Allergan Aesthetics** Distinct Definition with Dr Cara McDonald

KEYNOTES	WOODLANDS STAGE Howard Smith Wharves	TRAINING SUITES Crystalbrook Vincent
9:00 - 9:45	**The Collagen Economy: Profitable Pathways to Enduring Skin Quality** Dr Kim Booysen, Brought to you by Merz Aesthetics	Closed
9:50 - 10:35	**Map. Measure. Master. Full Face Toxin** Injector Bunny, Brought to you by Fresh Clinics	Closed
10:40 - 11:25	**The Courage Equation - How to THRIVE in a Fast-Changing World** Franziska Iseli, Brought to you by Fresh Clinics	Closed

MORNING TEA

11:30 - 11:55	**Morning Tea, Sponsor Activations & Networking**

BREAKOUTS & TRAINING	WOODLANDS STAGE Howard Smith Wharves	TRAINING SUITES Crystalbrook Vincent
12:00 - 12:25	**Rejuran DOT™ Revolution: Advanced Techniques for Full Face Regeneration** Dr Michael Zoran, Brought to you by Rejuran	Open
12:30 - 12:55	**Are Hyaluronic Acid Fillers Finished?** Dr Jake Sloane, Brought to you by Fresh Clinics	Open
13:00 - 13:25	**The Relfydess Rundown: Q&A Session** Mike Clague, Brought to you by Galderma	Open

LUNCH

13:25 - 14:25	**Lunch, Sponsor Activations & Networking**
13:25 - 14:25	**Sponsor Invite Only Lunch in Bougainvillea - Hugel** My Clinical Experience with Letybo – A 24-Month Review, Dr Jimmy Wang



BREAKOUTS & TRAINING	WOODLANDS STAGE Howard Smith Wharves	TRAINING SUITES Crystalbrook Vincent
14:30 - 14:55	**BE FEARLESS, BE UNAPOLOGETIC, BE YOU** Agnes Dube, Jamal Ammar, Sharna Hill, Elly Seymour, Evolus	Open
15:00 - 15:25	**Why I Chose Byryzn Opuluxe V: Clinical Confidence Backed by Results** Molly Brown, Brought to you by Hugel	Open
15:30 - 15:55	**A Fresh Change: Introducing Obesity and Weight Management** Dr Georgia Rigas, Brought to you by Novo Nordisk	Open
AFTERNOON TEA		
16:00 - 16:25	**Afternoon Tea, Sponsor Activations & Networking**	

BREAKOUTS & TRAINING	THE FRESH LOUNGE Howard Smith Wharves	TRAINING SUITES Crystalbrook Vincent
16:30 - 16:55	**Technology Integration: Real Strategies for Success** In Conversation with Rogen Eulatic, Laseraid & Róisín McGee, VENUS	Open
17:00 -17:25	**Hormones and Their Influence on the Skin: Understanding Menopausal Skin Changes** Panel Session with Dr Kristy Kostalas - The Skincare Company, Charlotte Clarke - Murad, Selina Mithen - AST, Rajdi Gemeri - Raan Medical	Open
NETWORKING EVENTS		
17:30 - 18:45	**Aperitivo Hour @ Fiume Rooftop, Crystalbrook Vincent** Brought to you by Dermalogica PRO	
19:00 - 21:30	**Sponsor Invite Only Dinner in Fresh Lounge - Merz** Skin in the Game: Navigating the New Aesthetic Landscape, Dr Kim Booysen	



Event Program

DAY 3

The Fresh Life

freshclinics

7:30 - 8:15	Breathwork - Rivershed Deck

NETWORKING EVENTS

8:15 - 9:15	**Sponsor Invite Only Breakfast in Bougainvillea - Galderma** GLOW ON with Mike Clague & Dr Ceylan Yilmaz

WORKSHOPS & TRAINING	MR P'S - The Fresh House Opposite Crystalbrook	The Gallery Room Level 3 Crystalbrook Vincent	TRAINING SUITES Crystalbrook Vincent
9:30 - 10:25	**Art + Science of the Perfect Consultation** Session 1 - Toni Pikoos Session 2 - Megan Reid Brought to you by Fresh Clinics	**Socials Secret Sauce: Matching Content to Your Strengths & Resources** Tealle Anderson, Brought to you by Fresh Clinics	Open
10:30 - 10:55	**Set & Forget: AI-Powered Conversations That Actually Work** Ben Albrecht, Brought to you by Pendula	**5 Non-Negotiables for Success When Complications Arise** Bronwyn Granata, Brought to you by AMET	Open

MORNING TEA

11:00 - 11:25	**Morning Tea, Sponsor Activations & Networking**

WORKSHOPS & TRAINING	MR P'S - The Fresh House Opposite Crystalbrook	The Gallery Room Level 3 Crystalbrook Vincent	TRAINING SUITES Crystalbrook Vincent
11:30 - 12:25	**Understanding Opportunity Cost & COGS** Session 1 - Megan Reid Session 2 - David Segal Brought to you by Fresh Clinics	**The Marketing Ecosystem™ - How to Grow your Clinic with Clarity and Playfulness** Franziska Iseli, Brought to you by Fresh Clinics	Open
12:30 - 12:55	**Building a Women's Health Program in Your Existing Clinic** Dr Isabella Sillar & Lisa Price Brought to you by Fresh Health	**Aesthetic Treatments, Skin Psychology & Mental Health** Selina Mithen, Brought to you by AST	Open

LUNCH

13:00 - 14:00	**Lunch, Sponsor Activations & Networking**
13:00 - 14:00	**Sponsor Invite Only Lunch in Bougainvillea - Merz** The Man-Plan: Elevating Male Results with the Merz Portfolio, Dr Ricky Sia



WORKSHOPS & TRAINING	MR P'S - The Fresh House - Room A Opposite Crystalbrook	The Gallery Room - Room B Level 3 Crystalbrook Vincent	TRAINING SUITES Crystalbrook Vincent
14:00 - 14:55	**Reimagining Care: The Future of Proactive, Patient-Centred Healthcare** Dr Isabella Sillar, Cathy Wood & Aska Lagodko, Brought to you by Fresh Health	**The 1 Hour Batch: Create Compliant Content in Under an Hour** Tealle Anderson, Brought to you by Fresh Clinics	Open
15:00 - 15:25	**In prevention of "Ozempic Face"** Mike Clague, Brought to you by Fresh Clinics	**Collagen's Role in Longevity and Healthy Ageing Strategies** Lauren Dewsbury, Brought to you by Vida Glow	Open

AFTERNOON TEA	
15:30 - 15:45	**Fresh Clinics - Closing Remarks from The Johns**
15:45 - 16:00	**Afternoon Tea, Sponsor Activations & Networking**

NETWORKING EVENTS	
18:00 - 22:00	**Finale Event: La Dolce Vita, on the Brisbane Riviera** Brought to you by Fresh Clinics Tickets required to attend!

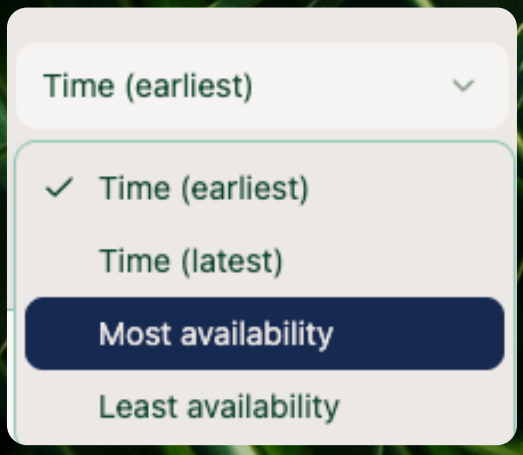


Explore Training Rooms, 1:1s and Wellness

Checkout what's still available in our training booking system now

Book More Training Sessions

View My Bookings



Search by "Most Availability" to see what sessions are still bookable

The Fresh Life Promotions

Explore exclusive promotions from our Fresh Life sponsors, available in your Fresh Clinics Member Platform

Explore Promotions



Expand Your Scope. Elevate Your Care. Maximise Your Impact.

With **Fresh Health**, you can offer:

- Menopause Health
- Weight Management
- Hair Rejuvenation

freshhealth

Find out more at The Fresh Life:

DAY 1	14:30 - 14:55	**Mounjaro – Your Questions Answered** Eli Lilly
DAY 2	15:30 - 15:55	**A Fresh Change: Introducing Obesity and Weight Management** Novo Nordisk
DAY 3	12:30 - 12:55	**Building a Women's Health Program in Your Existing Clinic** Fresh Health
	14:00 - 14:55	**Reimagining Care: The Future of Proactive, Patient-Centred Healthcare** Fresh Health

Chat with the Fresh Health team at the Fresh Lounge or scan the QR code to learn more.



